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## Profile: S.T. Roach

Sanford Thomas Roach coached at Lexington Dunbar High School from 1943 to 1965. During that time, he took the school to two Kentucky High School Athletic League championships and to six Kentucky High School Athletic Association regional titles.

Roach and Dunbar went to the Sweet Sixteen® six times and finished second in 1961 and 1963.

As he traveled a segregated Kentucky with his team, Roach pushed for integration. He stressed to his players the importance of approaching obstacles with class and dignity.

History remembers Roach as being “strong on discipline and proper attitude.”

Sports reporter John McGill quoted Roach as saying: “I stressed fundamentals along with teaching self-discipline, developing determination to manage one’s self and succeed in life as well as basketball. I tried to teach them to become gentlemen and I believe they responded.”

Roach is in the Kentucky High School Basketball Hall of Fame and the Dawahares KHSAA Hall of Fame.



S.T. Roach, center, with his 1963 team. (Photo courtesy of John C. Wyatt Lexington Herald-Leader collection, University of Kentucky, Special Collections and Research Center.)